

Herefordshire Young People's Survey

A summary report of special school pupils 2022/23

The questionnaire

The work was commissioned by Herefordshire Council on behalf of the Children and Young People's Partnership, following a recommendation in the 2018 children's integrated needs assessment. It was designed to provide robust information to inform plans and strategies, as part of the joint strategic needs assessment (JSNA).

The survey was originally planned for Spring 2020, but delays due to the coronavirus pandemic mean that it now provides a post-covid baseline.

Participation

In 2021, a total of 4,895 pupils took part in mainstream schools. 25 primary schools, 11 secondary schools and 2 FE settings in Herefordshire.

An adapted version of the survey was completed in one special school in 2021 and was offered to other special schools after this.

Survey versions

Teachers in the special schools selected the best version to suit their pupils. Some pupils used the mainstream primary version, some used the mainstream secondary version and some used either the SEND version or a further adapted version designed for them by their school.

Reports

Each school has results tables and reports for their pupils.

This report combines the results across all versions of the SEND survey, where possible.

Parental survey

This report also shares the results of the survey offered to parents of primary aged pupils (see pages 8 and 9).

168 young people were involved in the survey

	KS2			KS3			KS4+				All
	Year 4	Year 5	Year 6	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13+	
Boy	4	5	17	16	16	18	17	10	5	9	121
Girl	2	0	0	1	0	9	5	10	6	8	43
All	6	6	17	17	17	28	22	20	12	17	168*

*10 pupils didn't tell us their gender or Year group.

Parents in the primary sector responded to the parent survey for 66 pupils

	Year:										All
	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	Not sure	[Not specified]		
Gender: Boy	3	1	5	6	5	7	3	8	7	45	
Girl	1	0	5	5	0	2	3	5	0	21	
Total Sample (Count)	4	1	10	11	5	9	6	13	7	66	

For more details please contact SHEU Phone 01392 667272
www.sheu.org.uk

TOPICS INCLUDE

Background

Drugs, alcohol and tobacco

Happiness

Healthy eating and dental health

Leisure time

Personal care

Physical activity

Relationships and sexual health

Safety

Herefordshire special school pupils (ages 8 - 18 +)

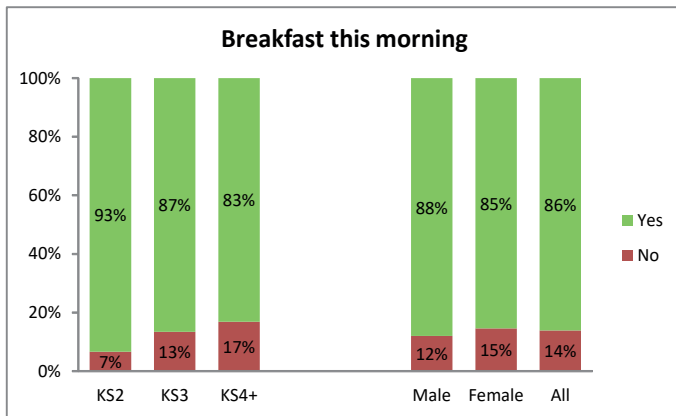
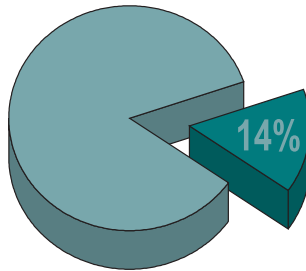
BACKGROUND

- 91% of pupils described themselves as White British (British, English, Northern Irish, Scottish or Welsh). 2% described themselves as other white, 1% said Asian or British Asian, 1% said Chinese, 1% said Mixed and 1% Black or Black British. 2% said they didn't know or didn't want to say.

HEALTHY EATING

Breakfast

- 14% had nothing for breakfast that morning. (15% of females). Older pupils were more likely to miss breakfast (7% in KS2, 13% in KS3 and 17% in KS4).

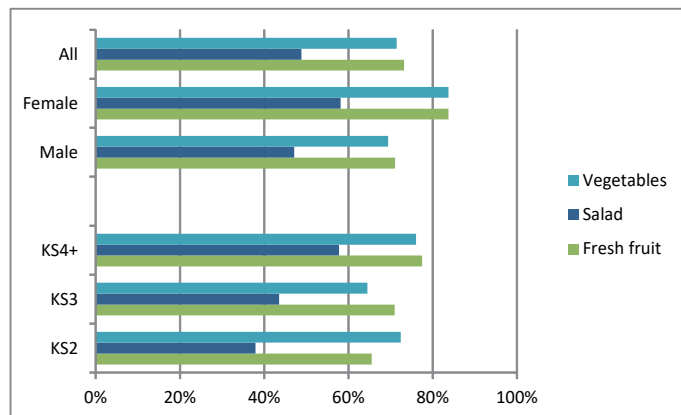


Lunch

- 57% of pupils had a school lunch yesterday, 43% had other food (e.g. from home, at home, takeaway, gastronomy fed).

Food

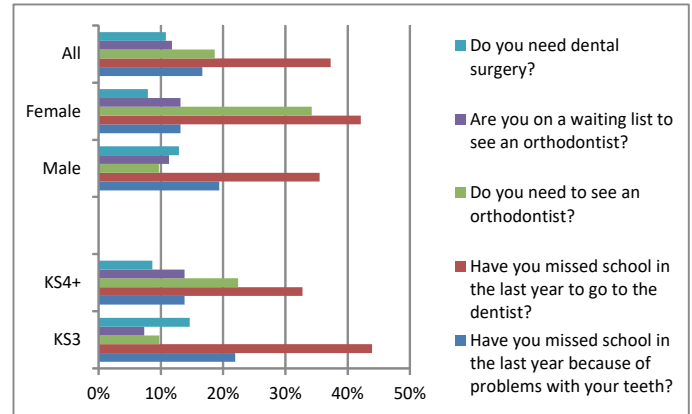
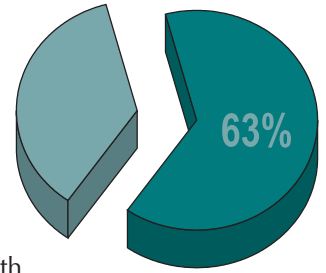
- 73% of pupils said they eat fresh fruit, 49% said salad and 56% said vegetables. (More girls than boys).



- 55% of pupils said they eat cheese, 52% said yogurt and 56% said milk.
- 49% of pupils said they eat fish and 61% said they eat meat.

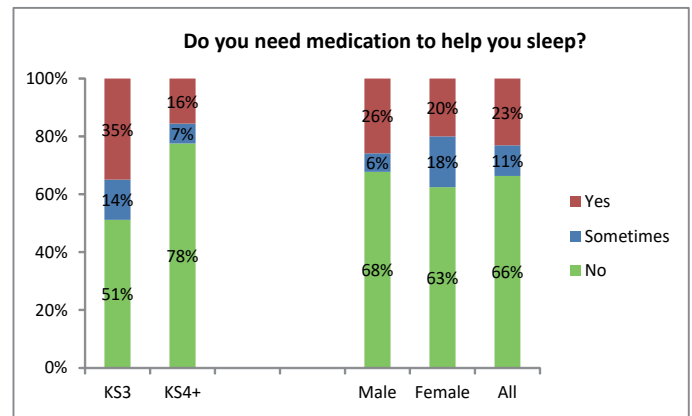
Teeth

- 63% of pupils said they are able to clean their teeth twice a day, 27% said once a day but 10% said no or it depends on the day.
- 95% said that they use toothpaste to clean their teeth.
- 17% of pupils have missed school in the last year because of problems with their teeth. 37% have missed school to go to the dentist. 11% need dental surgery. The following chart contains responses for 'yes'.

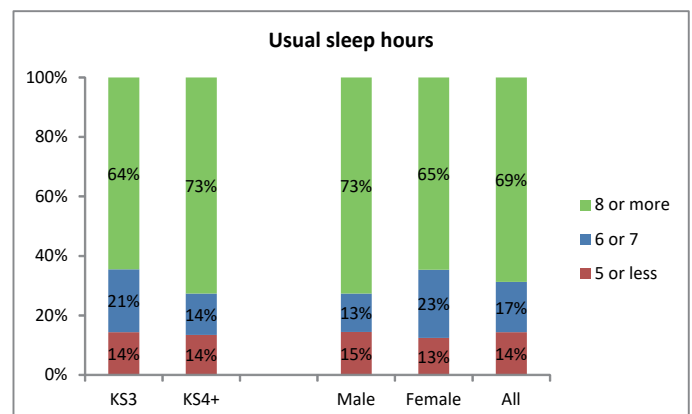


SLEEP

- 23% of pupils said that they needed medication to help them sleep.



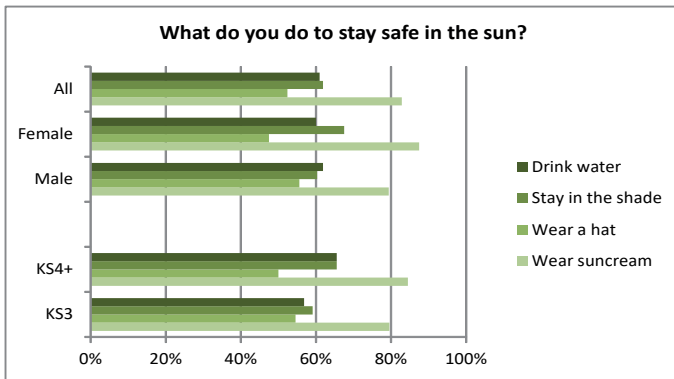
- 16% of pupils said that they need adult help to get to sleep and 13% said they need sensory help to get to sleep.
- 69% of pupils usually sleep for 8 or more hours at night.



SAFETY

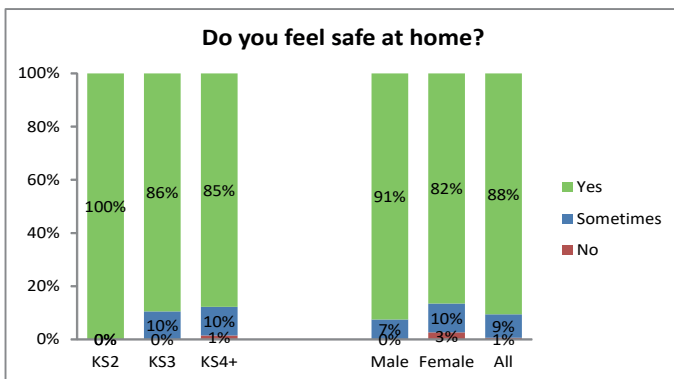
Sun safety

- 83% of pupils said they wear sun cream and 61% drink water to help them stay safe in the sun.

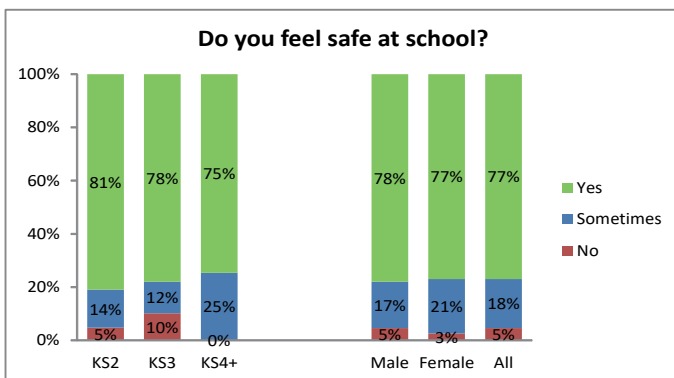


Feeling safe

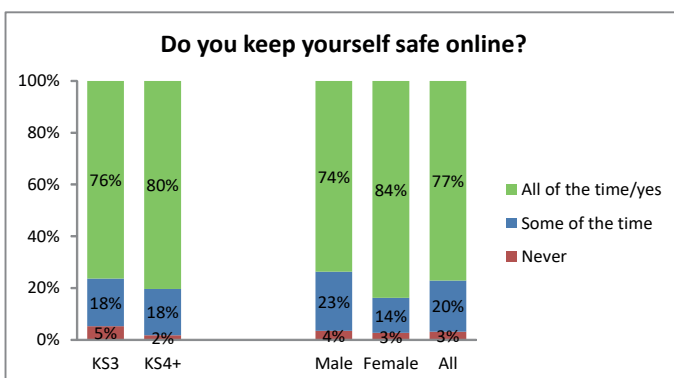
- 88% of pupils said they feel safe at home, 9% said 'sometimes' but 1% said they don't feel safe at home.



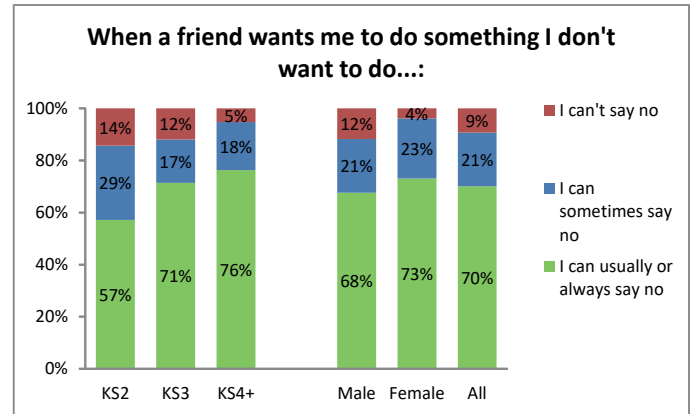
- 77% of pupils said they feel safe at school, 18% said 'sometimes' but 5% said they don't feel safe at school.



- 77% of pupils said that they keep themselves safe online, 20% said 'some of the time' but 3% said 'never'.

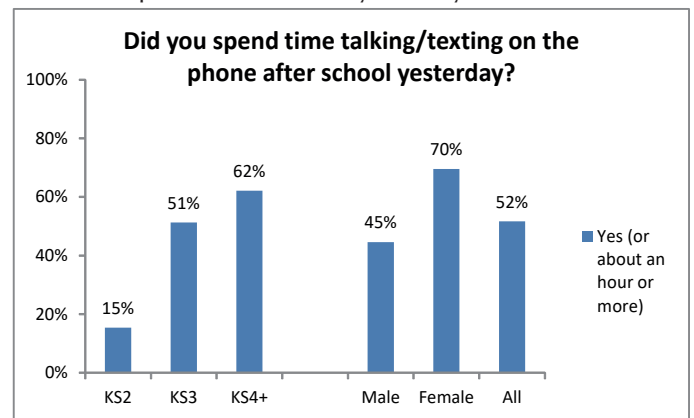


- 70% of pupils said that when a friend wants them to do something they don't want to do, they can 'usually or always say no'.

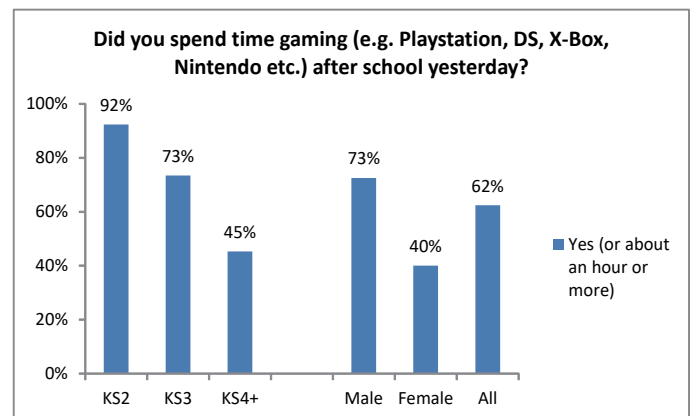


Leisure time

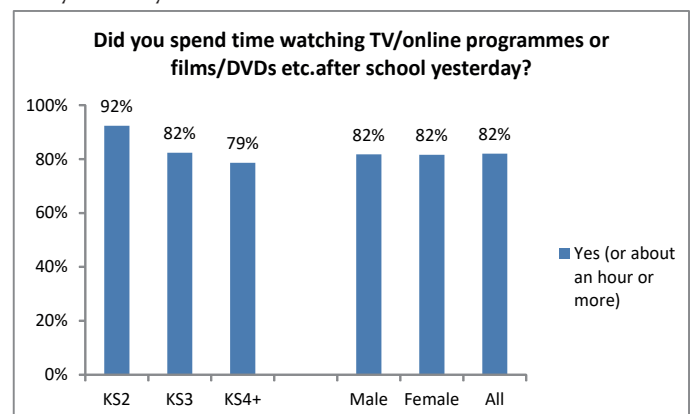
- 52% of pupils said that they spent time talking/texting on the phone after school yesterday.



- 62% of pupils said that they spent time gaming (e.g. Playstation, DS, X-Box, Nintendo etc.) after school yesterday.

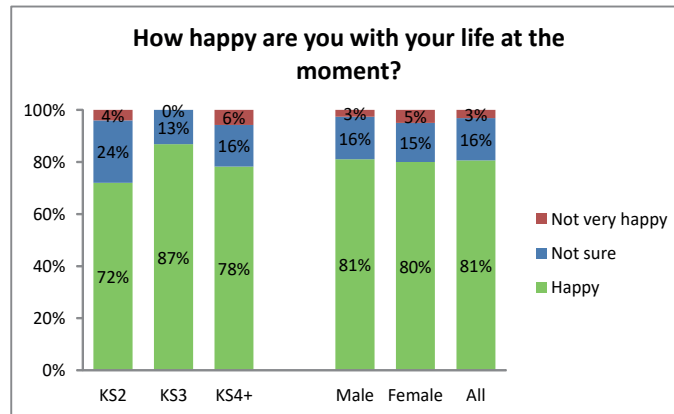


- 82% of pupils said that they spent time watching TV/online programmes or films/DVDs after school yesterday.



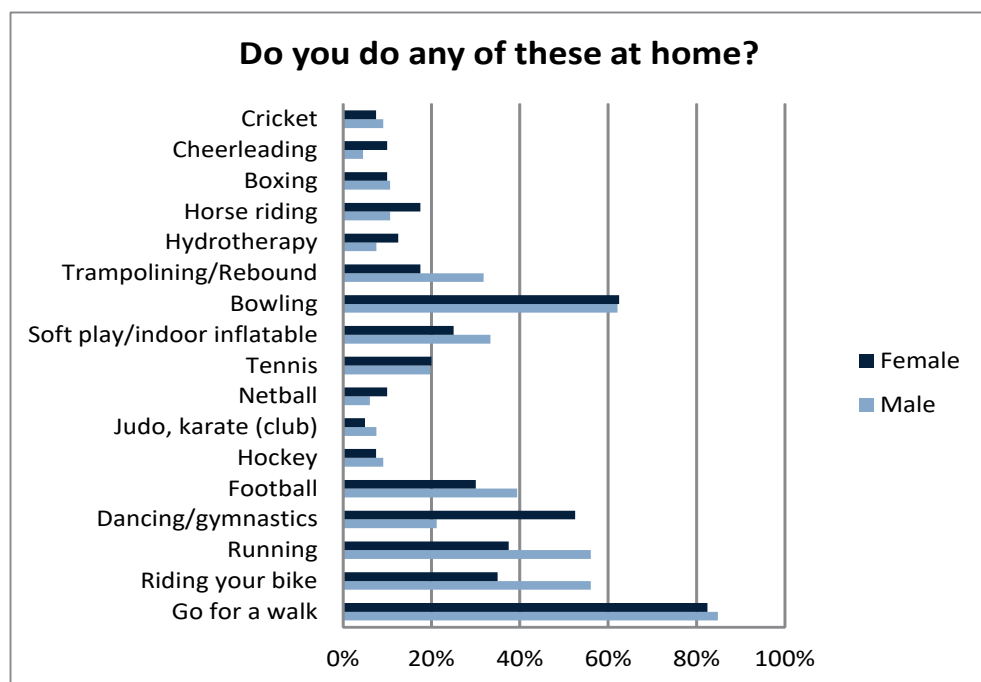
HAPPY WITH LIFE

81% of pupils said they were happy with life.

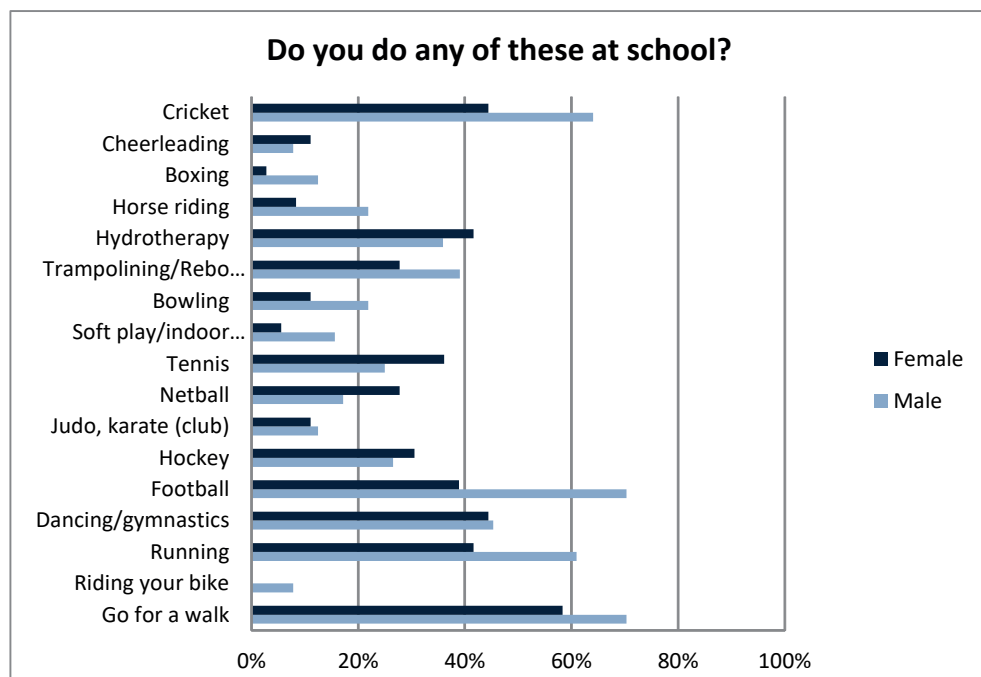


PHYSICAL ACTIVITY

The most popular physical activity at home is going for a walk (83%).

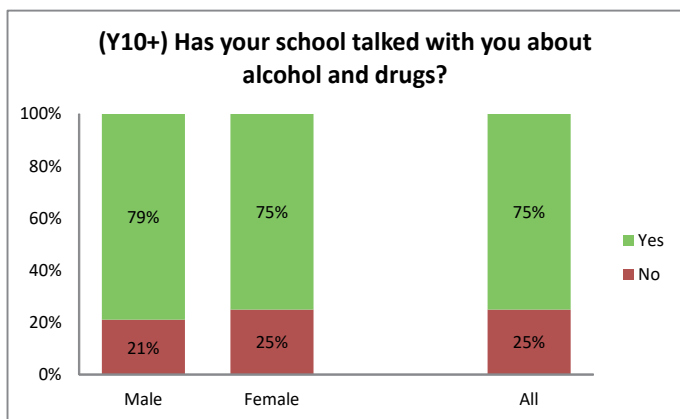


The most popular physical activity at school is going for a walk (66%).

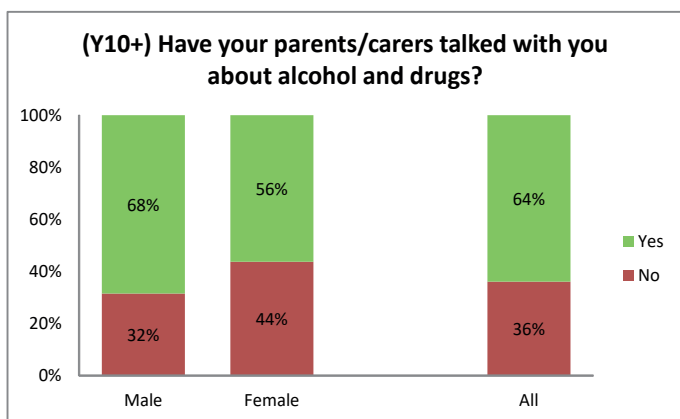


DRUGS, ALCOHOL and TOBACCO

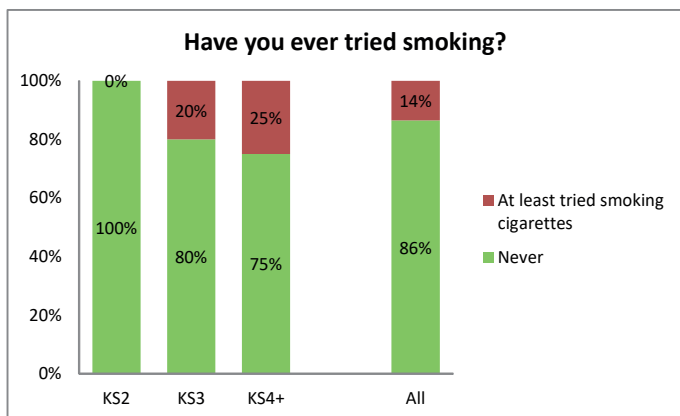
75% of Year 10+ pupils said that their school has talked with them about alcohol and drugs.



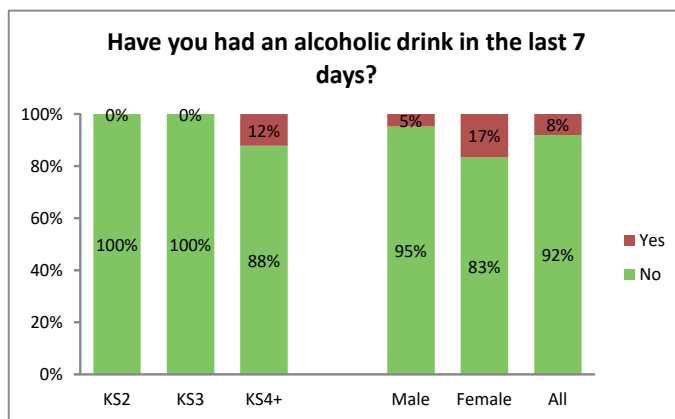
64% of Year 10+ pupils said that their parents have talked with them about alcohol and drugs.



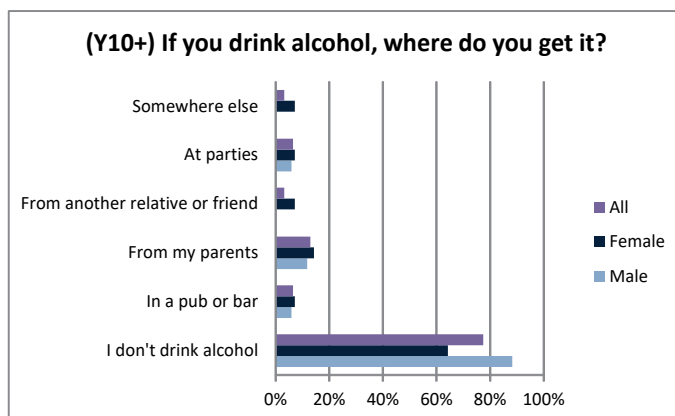
15% of pupils said they have tried smoking or vaping. 14% of pupils said that they have tried smoking.



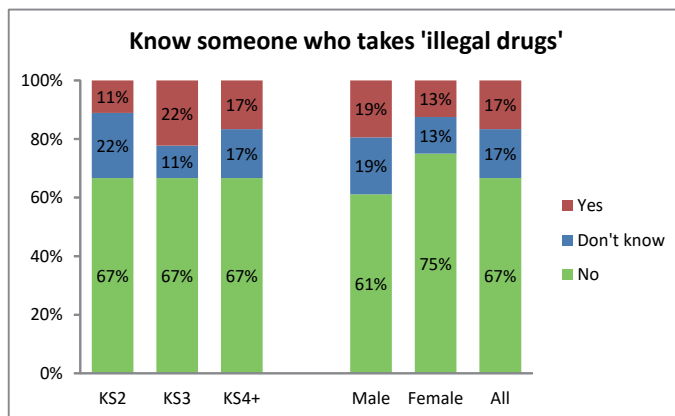
8% of pupils said they have had an alcoholic drink in the last 7 days



When asked where they get alcohol, 13% of Year 10+ pupils said from their parents.

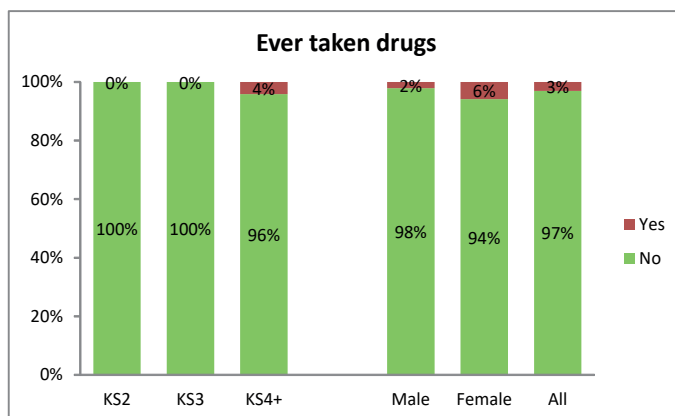


17% of pupils said that they know someone who takes drugs that haven't come from a doctor, nurse or a shop e.g. 'illegal drugs'.



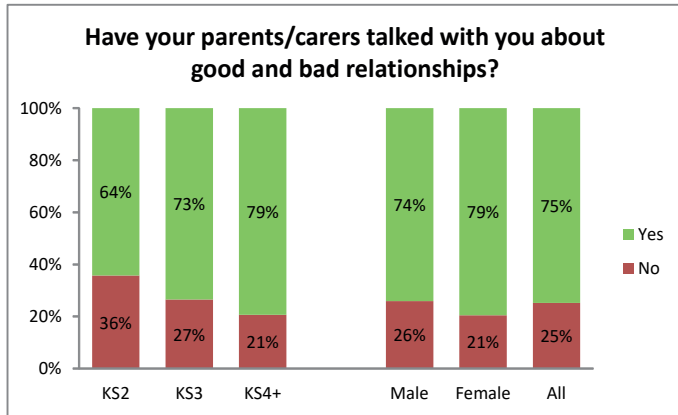
7% of pupils said that they have been offered illegal drugs.

3% said that they have taken drugs (illegal/not from a doctor, nurse or shop).

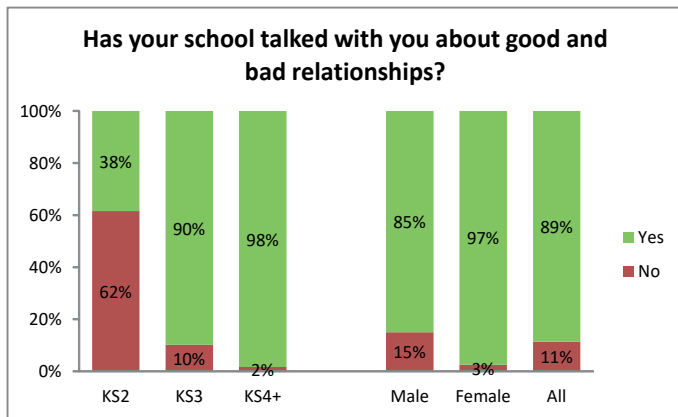


RELATIONSHIPS and SEXUAL HEALTH

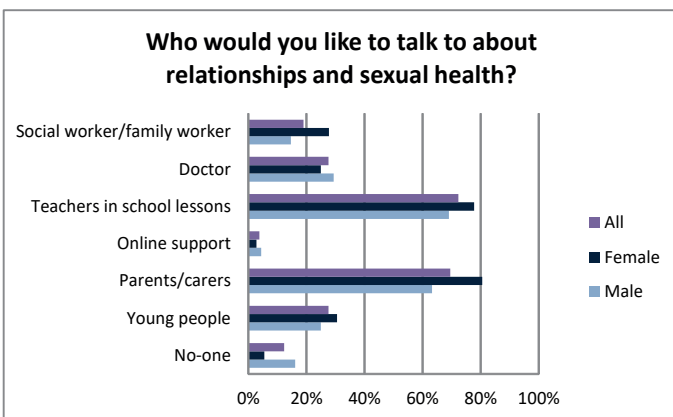
- 75% of pupils said that their parents have talked with them about good and bad relationships.



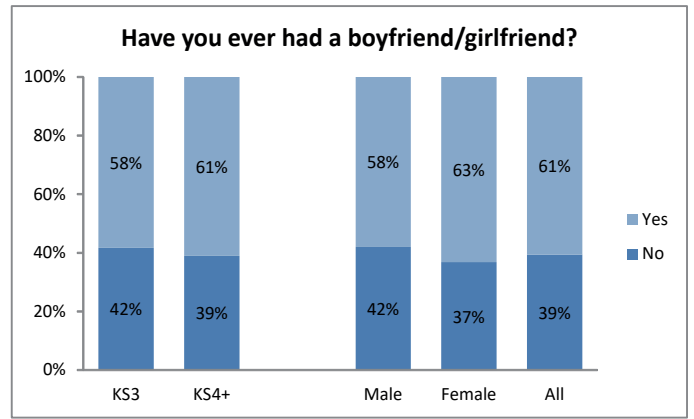
- 89% of pupils said that their school has talked with them about good and bad relationships.



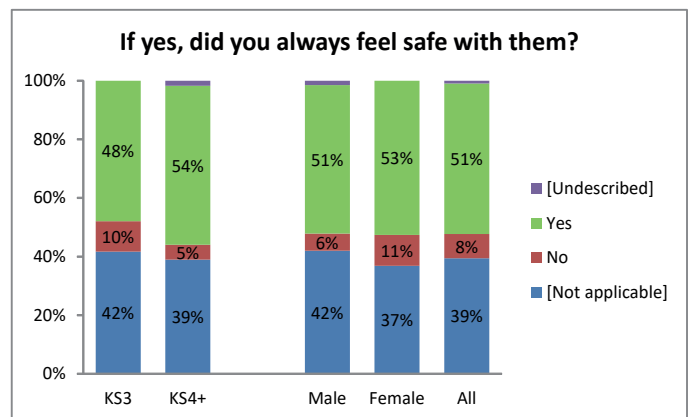
- 72% of pupils in KS3 and KS4 said that they would like to talk to teachers in school about relationships and sexual health; 70% said they would like to talk to parents about this.



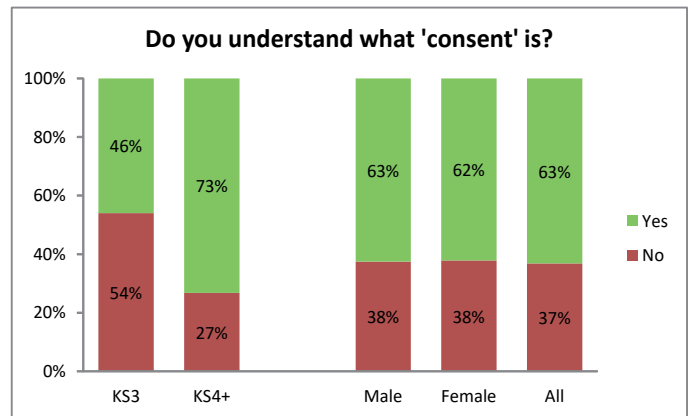
- 61% of KS3 and KS4 pupils said that they have ever had a boyfriend/girlfriend.



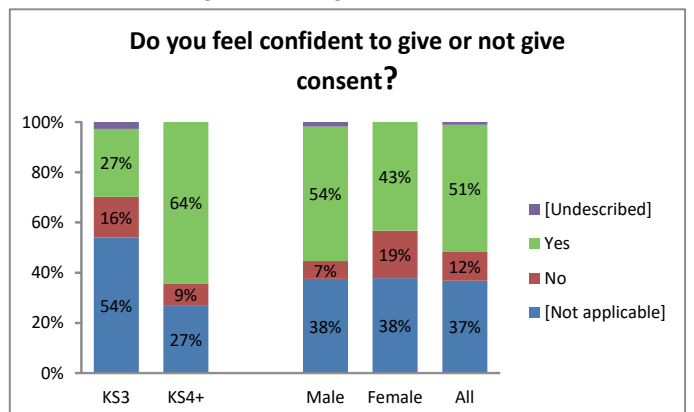
- 8% of KS3 and KS4 pupils said that they didn't always feel safe with their boyfriend/girlfriend.



- 63% of KS3 and KS4 pupils said that they understand what 'consent' is.

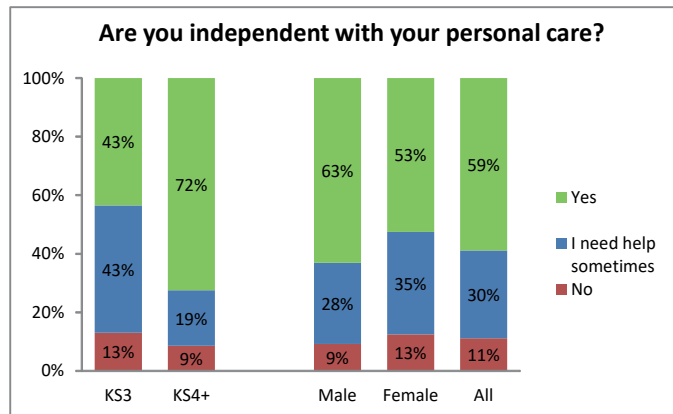


- 51% of KS3 and KS4 pupils said that they feel confident to give or not give consent.

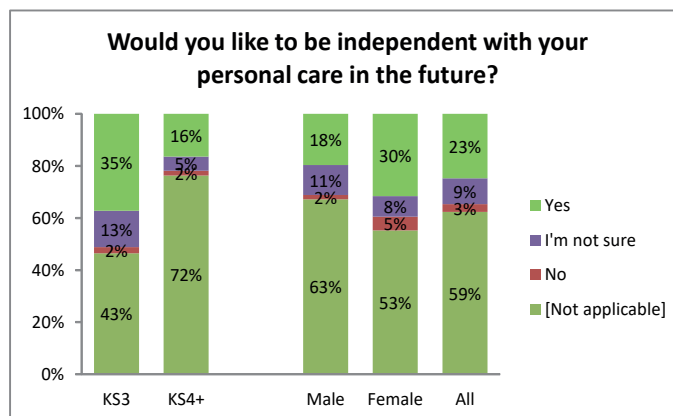


PERSONAL CARE

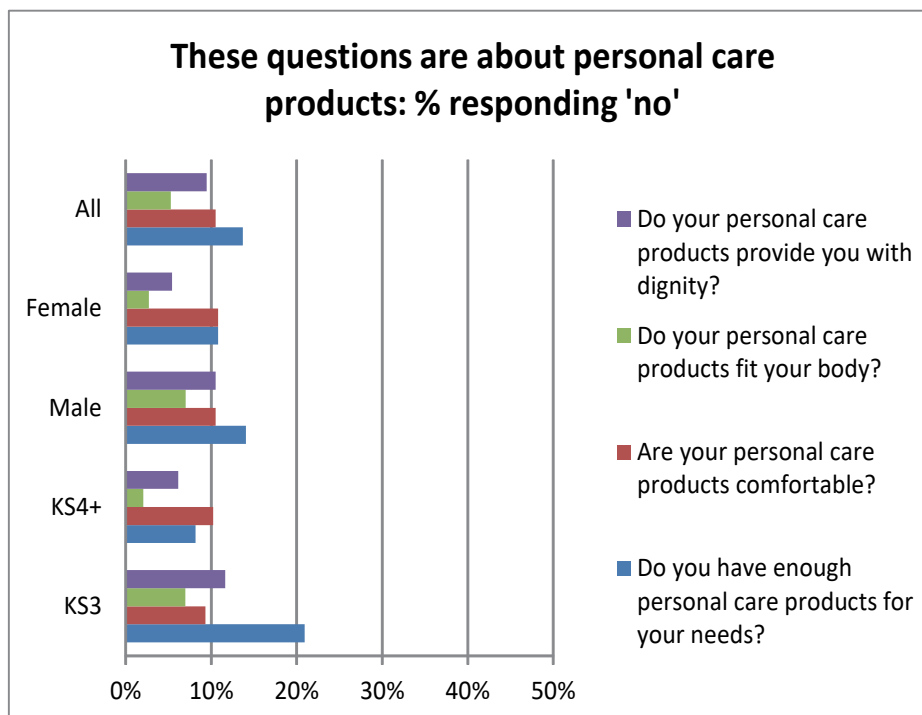
- 59% of KS3 and KS4 pupils said they were independent with their personal care.



- 23% of KS3 and KS4 pupils said they would like to be independent with their personal care in the future.



- 69% of KS3 and KS4 pupils said they had enough personal care products for their needs.
- 63% KS3 and KS4 pupils said their personal care products were comfortable.
- 68% KS3 and KS4 pupils said their personal care products fit their body.
- 65% KS3 and KS4 pupils said their personal care products provided them with dignity.
- Some KS3 and KS4 pupils disagreed with the statements:



Parents responses

Herefordshire special school pupils (ages 4 - 11)

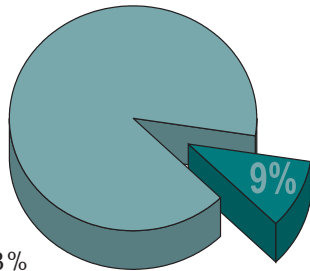
BACKGROUND

- 91% of parents described their children as White. 3% said Asian or Asian British, 3% said Mixed and 3% said 'other'.

HEALTHY EATING

Breakfast

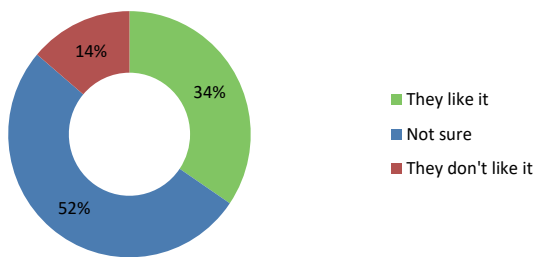
- 9% said their child had nothing for breakfast that morning.
- 88% said their child had something for breakfast at home, 6% had something on the way to school and 3% had something for breakfast at school.



Lunch

- 47% of parents said that their child had a school lunch yesterday, 50% had a packed lunch from home and 3% had other food.
- 34% of parents said that their child liked the food at school.

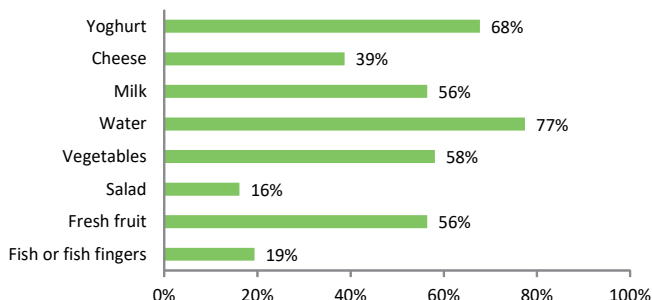
What does your child think about the food at school?



Food

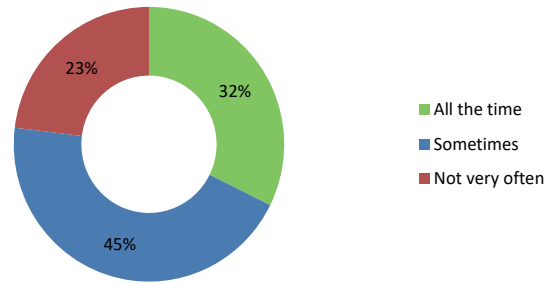
- 56% of parents said their child ate fresh fruit yesterday, 16% said salad and 58% said vegetables.

Did your child have any of these to eat or drink yesterday? % answering 'yes'



- 32% of parents said that their child eats healthily 'all the time'.

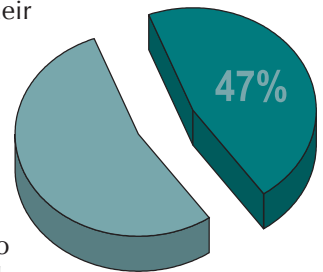
Does your child eat healthily?



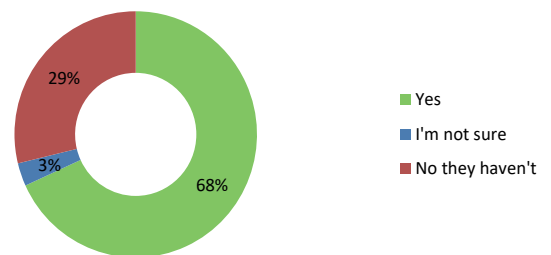
- 76% of parents said that water was freely available for their child to drink at school. 23% weren't sure but 2% said 'no'.

Teeth

- 47% of parents said that their child will clean/accept having their teeth cleaned twice a day, 23% said once a day but 31% said not consistently.
- 70% said their child will accept having toothpaste to clean their teeth. 17% said 'sometimes' but 13% said 'no'.
- 12% of parents said their child had missed school in the last year because of problems with their teeth.
- 68% said their child had been to the dentist in the past 6 months.



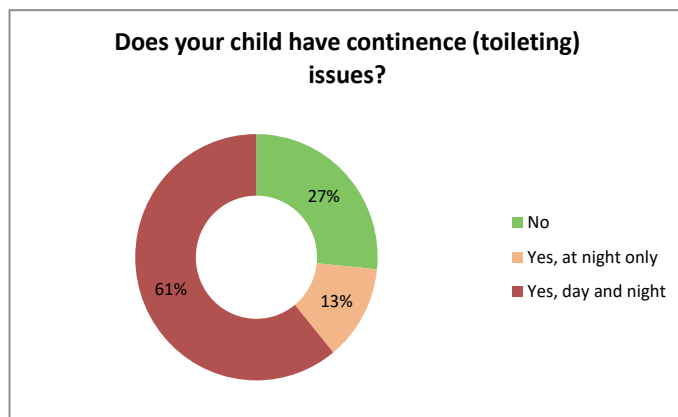
Has your child been to the dentist in the past six months?



- When asked why their child hasn't been to the dentist, 5% said they couldn't find an NHS dentist that was taking on new patients, 2% said that they were registered with a dentist but couldn't get an appointment and 2% said that 'attending the dentist is too stressful because of my child's additional needs'.
- 8% of parents said that their child sometimes avoids eating foods because of problems with their teeth or dental health impacts on their choice of food.
- 6% said that dental health sometimes impacts on their child's sleep.

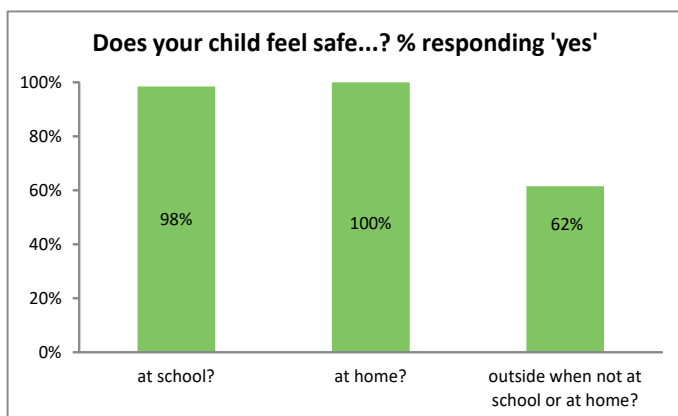
CONTINENCE

- 61% of parents said that their child has continence (toileting) issues day and night.

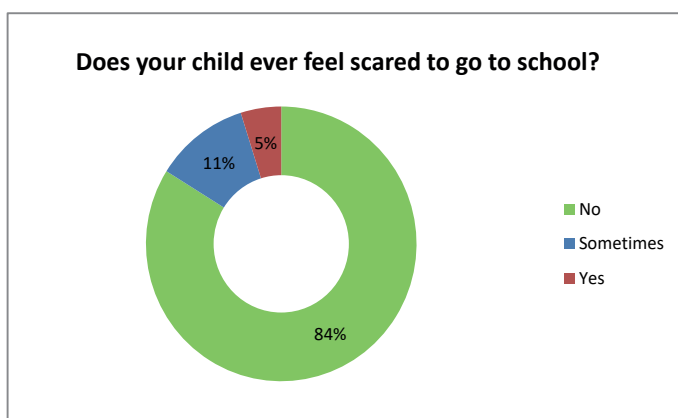


SAFETY Feeling safe

- 100% of parents said their child feels safe at home.
- 98% of parents said their child feels safe at school. 5% said their child doesn't feel safe outside when not at home or at school.



- 16% of parents said that their child at least 'sometimes' feels scared to go to school.

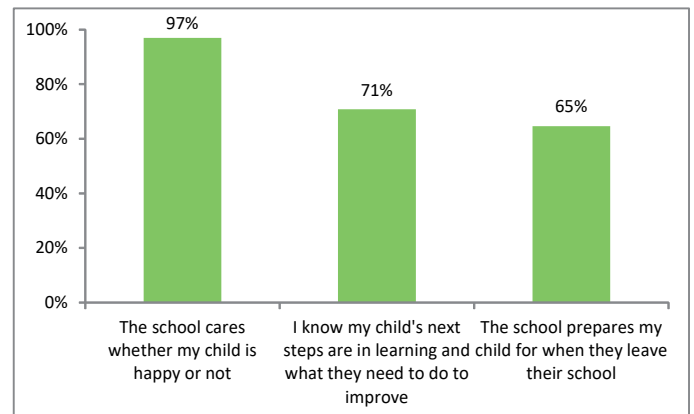


- 86% of parents said that their child's school deals well with bullying, 6% said 'sometimes' but 8% said 'No'.
- 12% of parents weren't sure if their child had been bullied recently, 88% said they hadn't.

- 92% of parents said their child is happy with their life at the moment; 8% weren't sure.

School

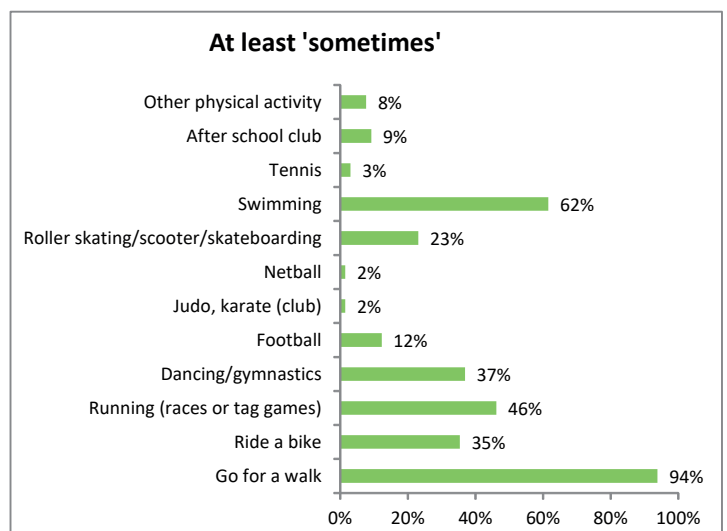
- 80% of parents said their child enjoys school 'all the time', 18% said 'sometimes' but 2% said 'not really'.
- 97% of parents said that their child attends school regularly.
- 71% of parents said their child's school listens to the children's ideas; 29% didn't know.
- Parents were asked to respond to statements about school. The following responded 'yes':



- 5% of parents didn't know what their child's next steps are in learning and what they need to do to improve.

Leisure time

- 3% of parents said their child spent time talking/texting on the phone after school yesterday.
- 19% said that they spent time gaming (e.g. Playstation, DS, X-Box, Nintendo etc.) after school yesterday.
- 93% said that they spent time watching TV/online programmes or films/DVDs after school yesterday.
- 94% said that their child goes for a walk 'at least sometimes' after school or at weekends. 35% said that they ride a bike and 62% said that they go swimming.



The way forward – over to you

This work was funded by public health in Herefordshire.

We are grateful to the teachers, schools, and young people for their time and contributions to this survey. As a result of their work we have excellent data to be used by all key agencies that support the health needs of young people in Herefordshire.

The findings from the survey will be shared with a wide range of key stakeholders involved in making decisions that affect children and young people's quality of life, including the Health and Wellbeing Board and Children and Young People's Partnership, as well as schools receiving their own individual reports. Results will be publicly available on the [Understanding Herefordshire](#) website.

The data will be used to prioritise areas of action to inform the development evidence-based programmes, interventions and services.

The results of the survey will also be used to further enhance our Healthy Settings work with schools, so that we can address inequalities, promote inclusion and encourage participation, by providing accessible services and equipping young people with the skills to make informed decisions.

Our thanks go to the staff and pupils who took part in the special school survey:

Barrs Court School

Brookfield School

Westfield School

For more information about the survey please contact:

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<https://understanding.herefordshire.gov.uk/>