



Herefordshire
Children and
Young People's
Partnership

Growing Up in
Herefordshire 2020
a survey of children and
young persons' well-being

An opportunity to build our collective understanding

“ There is a lack of comprehensive information on children and young people’s lifestyles and behaviours...For example, we know that a substantial number of our school children are not of a healthy weight, but we don’t know what their diet or physical activity levels are like; we know that mental health is a concern, but we don’t know the extent of local children and young people’s worries.

...one of the overarching recommendations for further intelligence activity is a survey of the quality of life of children and young people in Herefordshire, providing an update on the 2006 Teenage Lifestyle and 2009 Every Child Matters surveys. ”

Herefordshire Children’s Integrated Needs Assessment (2019)

We’re planning to do this this year, but we need your help...

Would you like independent research that...

- Tells you about the feelings and behaviours of your pupils on topics such as:
 - Healthy diet and exercise
 - Self-esteem and mental health
 - Healthy relationships and consent
 - Alcohol, drugs and smoking
 - Family and community life
 - Feeling safe
 - Travel to school
- Allows you to see the results for different year groups and genders
- Shows you how your school compares to the rest of the county

All for free?

What's involved?

- Teachers briefed by experts from the Schools' Health Education Unit and information provided for parents
- Select year groups to complete the survey: minimum of Years 4, 6, 8 & 10 (more if you wish)
- Pupils complete the age appropriate online survey during a single lesson (e.g. PHSE)
- Your school's results are available to you via an online portal; everyone can see the collective results for the county

What's in it for you?

The data from last time were spot-on and we have done lots of work with it. We are very keen to repeat it

Headteacher

One year, responses from Y4 caused us concern, so we put in place a number of team building, motivational projects. We then assessed their effectiveness by requesting the questionnaires for these pupils as Year 5's

Learning Mentor

The survey provides an overall picture of school strengths and areas of concern. Utilising this data allows for intervention strategies to be put into place to support our young people

Teacher

The survey allows the PSHE department to assess the impact of teaching and learning and modify future lessons accordingly. It allows us to look at whole school issues such as the extent to which the pastoral care system is meeting the needs of our pupils

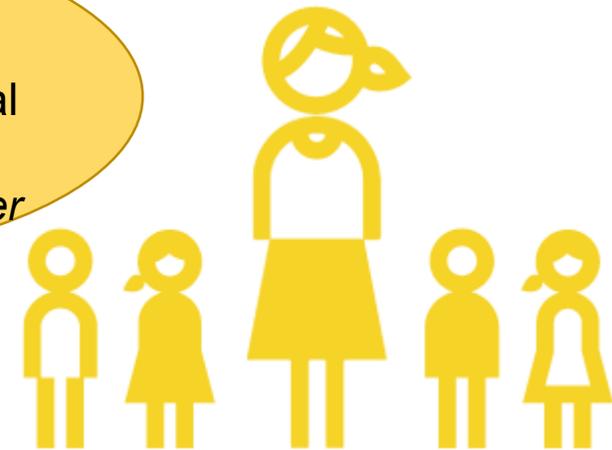
Secondary school head

The information about how happy the students were with their lives raised some concerns as far fewer girls were as happy as the boys, so work was done around developing aspirations, role-models and self-esteem

Deputy Head, Secondary School

Our use of the survey was commended as part of our accreditation for the National Healthy Schools Scheme.

Headteacher



What pupils think

I like the range of questions
Primary school pupil

I would like to say that this survey was very useful and made me realise things about PE and health that I had never realised before...

Female pupil, 13 yrs old

The children really enjoyed completing the survey, It has lead to many positive discussions about our health and how we all have slightly different experiences and home lives

The children found the survey very interesting and enjoyed doing it
Class Teacher

I have never looked at myself in this way before
Pupil



Frequently Asked Questions

What is it?

The survey is our local version of an established questionnaire developed by the Schools and Students Health Education Unit (<http://sheu.org.uk/>), specialist provider of reliable information about young people's health and wellbeing for schools and colleges.

The survey is online but paper copies are available if necessary. The quality of the data collected is considered very robust and the history of its use by individual schools and by local authorities is extensive.

Who's included?

We are inviting:

- all schools in Herefordshire including special schools and the PRUs
- all young people aged 16 to 19 (up to 24 for those with learning disabilities)

How many pupils?

We would like include:

- all pupils at your school in Years 4 & 6 – primary schools
- all pupils in Years 8 and 10 or **at least 100** in each – secondary

If you are doing the survey online, you are welcome to include more year groups, if you wish.

Are our results confidential?

- Pupil-level information is not disclosed, although the school will be alerted to any information raising child protection concerns.
- Herefordshire Council will receive the county-wide headline figures and analysis with national comparisons.
- Only selected officers of the council will have access to the full anonymised dataset.

There will be an opportunity for those who have taken part to explore the results alongside colleagues and consider ways we can work together to achieve positive change.

What does the participating school need to do?

The school will:

- identify the classes/forms in the target year groups providing a balance of gender, ability and community background reflecting the school's community
- allocate up to 60 minutes of lesson time in the two-week period for pupils in their school to complete the questionnaire
- brief colleagues, parents/carers, and the pupils, in advance of the survey

The school will receive:

- all the materials needed to carry out the survey, including model letters for parents/carers, briefing notes for staff, questionnaires and feedback forms
- a report containing a summary of key aspects of the data, including a comparison with the overall county picture
- guidance on using the final results
- access to the results service online
- access to the action planning software online

Interested?

- You can sign up directly at: <http://sheu.org.uk/register>
- If you would like to know more, get in touch:
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